

## Meisner & Stanislavski Unit Rubric

Total: 100 Points

Criteria	Excellent	Satisfactory	Needs Improvement	Points
<b>Goal 1 – Meisner Foundations (25 pts)</b>	22–25 pts – Shows strong listening, truthful repetition and authentic responses.	18–21 pts – Shows some listening and truthful responses; mostly engaged in exercises.	0–17 pts – Minimal effort; responses not authentic or incomplete.	/25
<b>Goal 2 – Emotional Freedom (25 pts)</b>	22–25 pts – Performs freely in imaginary circumstances with clear vulnerability and spontaneity.	18–21 pts – Shows some vulnerability and spontaneity; emotions are sometimes authentic.	0–17 pts – Little vulnerability; emotions feel forced or mechanical.	/25
<b>Goal 3 – Stanislavski System (25 pts)</b>	22–25 pts – Applies Magic If, Given Circumstances, and Super-Objective with strong connection between text and action.	18–21 pts – Uses some Stanislavski tools; shows basic understanding in scenes.	0–17 pts – Limited or unclear use of Stanislavski ideas.	/25
<b>Reflection &amp; Participation (15 pts)</b>	13–15 pts – Actively participates in journals, feedback and discussions.	10–12 pts – Participates regularly with some reflection.	0–9 pts – Limited or no participation or reflection.	/15
<b>Total</b>				/100