

Goals and SLOs for Acting Foundations – Meisner Approach and The Stanislavski System:

Develop a minimum of two and a maximum of three goals. Each goal must have at least two and no more than three Student Learning Outcomes (SLOs)

Goal 1: Develop an understanding of the Meisner Approach by participating in exercises that emphasize truthful reactions, active listening and authentic connections while utilizing imaginary circumstances.
SLO 1.1: Demonstrate an ability to live truthfully under imaginary circumstances by practicing and applying the repetition exercise defined by the Meisner Approach to strengthen active listening and create truthful responses.
SLO 1.2: Apply the concept of “doing” through active improvisations demonstrating commitment to moment-to-moment responses.
SLO 1.3: Reflect through journals and active discussions on how the exercises practiced in class deepen the awareness of human behavior to create an authentic performance.
Relevant Topics: Repetition, Reality of Doing, Listening

Goal 2: Explore emotional freedom through the Meisner Approach by engaging in improvisational exercises that foster vulnerability and spontaneity allowing students to perform authenticity.
SLO 2.1: Engage in various improvisation exercises based on imaginary circumstances allowing emotions to form spontaneously and analyze how truthful emotions emerge through circumstance - not pre-planning.
SLO 2.2: Demonstrate emotional freedom by incorporating vulnerability in performance choices and practicing releasing self-consciousness and judgement in the performance.
SLO 2.3: Reflect through peer feedback and discussions to analyze how emotional freedom impacts an actor’s risk taking and creativity during a performance.
Relevant Topics: Emotional Freedom, Vulnerability, Spontaneity

Goal 3: Develop critical thinking and performance practice using Stanislavski’s System by applying the Magic If, Given Circumstances, and Super-Objective to strengthen the connection between, motivation, and physical action.
SLO 3.1: Apply the Magic If, Given Circumstances, and Super-Objective to perform an analysis of the characters demonstrating the link between text and the actor’s performance.

SLO 3.2: Perform improvisations and scene work while incorporating physical actions, concentration, and objectives connecting inner motivation with outer action.

SLO 3.3: Compare Stanislavski to the Meisner Approach reflecting on how integrating both systems shapes artistic choices.

Relevant Topics: Magic If, Given Circumstances, Suber-Objective, Physical Actions, Comparison